

SCHOOL HEALTH ADVISORY COMMITTEE

September 25, 2013

The School Health Advisory Committee (SHAC) met on Wednesday, September 25, 2013, at the Elementary School Campus in Camp Wood with the following members present: Doris Miles, Nicole Bingham, Shawn Harvey, Shelley Falcon, Luci Harmon, Candyce Shipman, Veronica Perez, Denise Rogers, and Karen Collins.

The meeting was called to order at 2 p.m. and the Minutes of the last meeting (May 20, 2013) were approved as read, following a motion by Mrs. Bingham, seconded by Mrs. Shipman. Mrs. Miles stated that the SHAC group needed a chairperson for this school year, and Mr. Harvey agreed to take on the job.

Mrs. Harmon reported that the Health Fair held August 15th was a great success with 15 to 18 booths set up giving information to students and their parents, and school supplies and backpacks distributed to students.

Mrs. Perez stated that children were not happy with meals served in the school cafeterias, and Mrs. Harmon and Mrs. Bingham said that some improvements were being made but that federal regulations determined to a large extent what could be served and the size of the portions. An *a la carte menu* will be added to the JH-HS campus cafeteria next week but guidelines prohibit it being added to the elementary campus menu. Childhood obesity concerns about calorie intake for children are very strict.

Literature about hand-foot-and-mouth disease was distributed to SHAC members and discussion followed about cases in our school district. Mrs. Harmon reported that bleach was used for cleaning, and students were encouraged to wash hands and use hand sanitizers during the course of the day.

Mrs. Miles reported that next school year we would be required to offer CPR to all students on the JH-HS campus. Mrs. Harmon reported that the custodians would be checking the hand sanitizers on campus to see that all were regularly refilled.

Following a discussion of sexuality programs suitable for presentation to students, Mrs. Miles reported that the videos she had reviewed were too shallow for fifth and sixth grade students. Other programs were discussed, and Mrs. Miles reported that the ESC Region 15 office had nothing available at this time and had referred her to Lindy Stone at Shannon Hospital in San Angelo, and that she had learned that K-STAR might have programs to offer. She agreed to check on these programs and report at the next meeting. She stated that she and health teacher Greg Voyles could combine to talk to 6th, 7th, and 8th graders about sexuality issues, and that they would also talk to younger students about cleanliness, using deodorants, and related subjects as soon as they could arrange dates.

The next SHAC meeting will be scheduled for December 11th.

With no further business, the meeting was adjourned at 3:05.

Karen Collins, Acting Secretary